# Metabolism & Allometry



log body mass

Jan 11<sup>th</sup>, 2007

## Physics Model of an Animal



•Mass & Energy are conserved In = Out All loses accounted for

•Is the model testable? Measurements to test theory

·Unifying principles can describe phenomena

## Zoologist's Model of an Animal

Fuel +  $O_2 = \Delta H$  + waste

Heat of reaction,  $\Delta H = \Delta m h$ 





i.e. flight



## How do we measure metabolic rate?



Measure  $O_2$ , and fuel, intake to estimate energy ( $\Delta H$ )) required to hover ( $\Delta W$ )

Fuel + O2 =  $\Delta H$  + waste

 $\Delta H/\Delta t = \text{metabolic rate or power } \Gamma$ 

Mass specific metabolic rate  $\Gamma/M$ 

Hummingbird muscle: mass specific power Γ/M ≈ 100 W/kg (highest among vertebrates)

(Chai & Dudley, 1995, Nature)

# Measuring Γ in other animals (usually at rest)



## Allometry: how things scale with mass



# Range of body sizes: 10<sup>21</sup>



## Mycoplasma: <10<sup>-13</sup> g



### Blue whale: >10<sup>8</sup> g

(Giant sequoias excluded for now)

# How big is a blue whale?



# How much of a difference is 10<sup>21</sup>?



**10**<sup>21</sup>

#### Blue whale



# Does size matter?



### Mycoplasma: <10<sup>-13</sup> g



#### Blue whale: >10<sup>8</sup> g

"You can drop a mouse down a thousand-yard mine shaft; and, on arriving at the bottom, it gets a slight shock and walks away, provided that the ground is fairly soft. A rat is killed, a man is broken, a horse splashes." `On being the right size', by J. B. S. Haldane (1928).





## How to study the consequences of size: Scaling



### Allometric equations: $Y = aM^{\alpha}$



log(mass)

### Allometric equations: $Y = aM^{\alpha}$





log(mass)





log(mass)

## Size matters, but why?



Sleep scales too, but with brain size, not body size:





14 hrs/day

4 hrs/day

# Scaling transcends biology: F/M



(Marden, J. H. 2005. J. Exp. Biol.)

## What determines the allometry of metabolic rate?



- Energy demand of all cells
- But is it supply limited? (see West et al., 2005)

## Smaller animals live fast, but die young



 A gram of tissue, on average, expends the same amount of energy before it dies in any animal.

## Metabolic rates (in W) of mammalian cells



Energy requirements of cells are situation dependent

West, G. B. et al. 2005

#### **Resting or basal metabolic rate (BMR) scales: 4M<sup>3/4</sup>**



## Metabolic rate is dynamic



## Metabolic rate is dynamic



## Keep this in mind for the staircase olympics



# Consequences of scaling of $\Gamma$ , an example Blood vol. = $M^1$ log(Y) $\Gamma = 4M^{3/4}$ $\gamma_{\rm o} = {\rm M}^{-1/4}$ log(mass)

Diving capacity = 1000 m deep, 1 hr long

# Allometry of diving capacity



Maximum Duration (min)

# Other consequences: migration

$\Delta H = \Delta m h$ $\Gamma = \Delta H / \Delta t$		
	Ruby throated hummingbird	Humpback whale
Г/M	high	low
Migration	Alaska - Mexico	Alaska - Mexico
Fasting capacity	low	high

# Advice for assignments

 State your assumptions and justify them with first principles if possible



# Advice for assignments

 Look up data from published resources to include in your physical model or to compare your calculated results. Include a copy of the article with your assignment (no monographs please).



 Compare your results and conclusions with other animals, or even man-made machines.

# Advice for building physical models

- Build a model or theory to predict, then test with data
- Start simple, add complexity slowly
- Model after machines that we know more about





Alexander, R. M. (2005). Models and the scaling of energy costs for locomotion. J. Exp. Biol. 208,1645 -1652.